



OLD CAPITOL QUILTERS GUILD

VOLUME 37 ISSUE 6

FEBRUARY 2017

Service Day - February 12, 2018 - 9:00 am - 4 pm 7:00 p.m.

We hope that many of you will be able to attend the annual sew-in day on Monday, February 12, 2018 at 9 am at Our Redeemer Lutheran Church. The committee plans to begin setting up tables at 8:30am, and you are welcome to come early and help get things ready.

Bring your machine and basic sewing supplies - but there will be non-sewing jobs if you prefer not to sew. The guild has extension cords and power strips, but if you can bring one we may need extra.

We will have cutting mats, rotary cutters, ironing boards and irons. We have quilt top kits that are cut and ready to sew and also kits that are ready for quilting.

Lunch will be on your own, so bring a sack lunch or you may go out. If you would like to, please bring a dessert or snack to share.

Come stitch with us as your time permits.

There is no regular guild meeting that evening.

President's Patch

February has many connections with hearts. With St. Valentine's Day in the middle of the month, hearts are everywhere. We see them on cards and candy boxes and in heart-shaped sweets. As quilters we make quilts and pillow shams covered in hearts. We pledge our heart to a dear one.

February is American Heart Month, as promoted by the American Heart Association. It's a great time to learn more about heart disease, the number one cause of death of women in America. Make sure you know the signs and risks of heart disease, as well as your own vital statistics such as blood pressure and cholesterol. Check with your physician for ways to reduce your risks. As someone with high blood pressure, I'm always glad for the good-health reminders this month.

February also is the month of our annual guild sew-in. The hearts of quilters are generous, and I know that includes your heart, too. Every year the Old Capitol Quilters Guild provides hundreds of quilts and other items, mostly to members of our own community. I hope you will join us on Monday, February 12, for the sew-in. All the work you do in cutting, pressing, piecing, quilting, binding, and labeling, helps people who need to feel the love stitched into a quilt.

There's one more connection to hearts I want to mention, but it isn't specific to February. It is the relationship between the word "courage" and the word "heart."

"Courage" has its roots in Latin and Germanic. In Latin, "cor" means "heart." In the Middle Ages, showing your heart implied speaking truthfully and with confidence. In brutal times, it was a brave act to share your true beliefs.

Now as then, showing your heart makes you vulnerable. It takes some courage to share your true self with others, whether that is things you want to say or things you want to do. After all, when we express ourselves openly, things might go wrong. We might speak clumsily or to an unwelcoming audience. We might make a quilt that doesn't turn out the way we hope, or that is criticized by someone else. Or we might attempt a new skill, such as machine quilting or paper piecing, and see our first efforts go badly.

Sometimes it's easier to protect ourselves by staying quiet, not stepping forward, not trying new skills, not sharing our real selves. But there is a real payoff to making the effort. Think of your first quilt. All the skills required to make it were new. Some parts of the process may have been discouraging. But you persisted and you practiced, and now you make beautiful quilts with relative ease.

This guild year, Nancy Johns and I have asked you to try something new, or try something you haven't done for a while. Share yourself and your skills with the quilters around you. It will enrich your experiences with the guild, and it will make the guild better and stronger.

Show your heart. Share yourself. Have courage.

Melanie McNeil
Co-President



OCQG Auction Fundraiser March 12, 2018

Our March meeting will be an Auction to support our Service Projects and Programs.

It's time to prepare now!

- 1- Begin NOW to gather your items.
- 2- Organize & BAG them in clear bags.
- 3- Label your donations - # of yds / descriptions.
- 4- Bring the GOOD stuff.
- 5- Drop Off Early... - from 4pm on Mar 12th.

Thanks to our Auctioneer: WEARS Auctioneering

Questions?

Contact: kesummerwill@msn.com
Kristin Summerwill,
Program Committee



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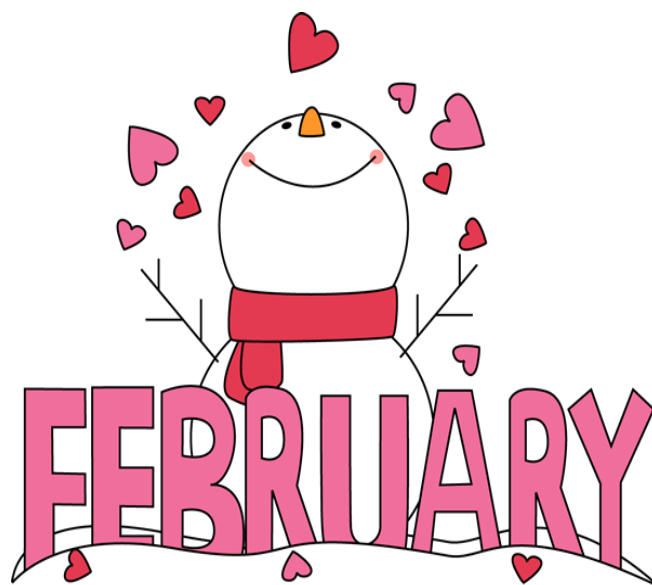
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Kim Lapacek of Persimon Dreams

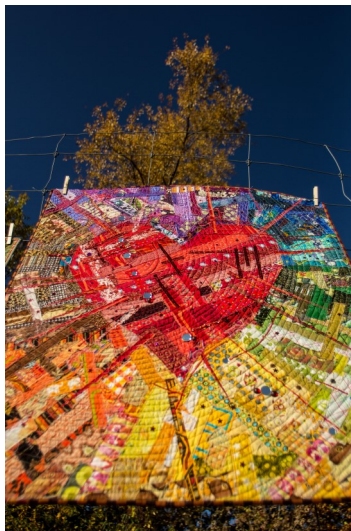
will speak to OCQG on Monday, April 9, 2018.

Many of Kim's quilts have been inspired by challenges which helped tease out her true quilting style, an ODDLY BEAUTIFUL display of color, motion, and texture.

Browse Kim's blog at

<http://persimondreams.blogspot.ca/>

for examples of her work so you can see what we have in store!



Monday, April 9

6 hour WORKSHOP 9 - 4 pm

—Project QUILTING—

Stretch yourself and capture the sparks of creativity!

...a series of challenges designed to inspire artistic expression, encourage experimentation, and provide a reason to carve out CREATIVE TIME!

Includes new techniques and skills to try while working through the thought process from Limited to Unlimited.

6 Hour Workshop Fee for OCQG Members = \$35

(Non-member fee \$40)

Contact Kristin Summerwill for info:

319-530-7495



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Annual Customer Appreciation Sale!

March 2- 3- 4

Friday & Saturday 9-5 / Sunday 11-4

20% off storewide!

Batik art panels, Dovo scissors, some quilt kits and finished quilts will not be included in the sale.

This includes all quilting fabrics, notions, books & patterns, fat quarters and many kits.

(All bolt cuts require ½ yard min.)

All cross stitch, punchneedle, embroidery & tatting.

Take 20% off all current sale priced merchandise for a discount up to 70% on select items!

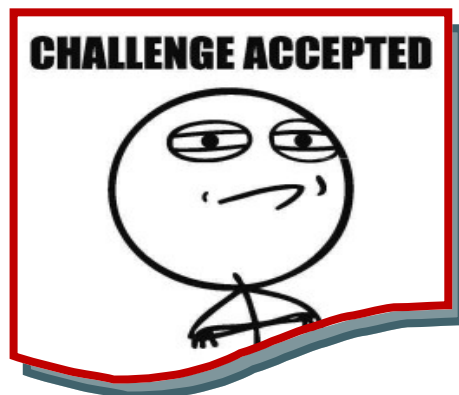
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2017-18 Guild Challenge

A medallion quilt is a quilt made with a central Motif which is surrounded by multiple borders. For this year's guild challenge, we ask you to make a medallion quilt. It can be traditional, modern, improvisational, or any style you choose. You can use piecing, appliqué, wholecloth, or any combination.

There will be two categories for judging: My Original Design and Not My Design.

"My Original Design" includes quilts designed by the maker. The maker has chosen the fabrics, colors, blocks, and other shapes to create the quilt. It is not based on someone else's pattern.

"Not My Design" includes quilts not designed by the maker. The maker is interpreting a pattern by someone else, or copying a quilt or design made previously by someone else.

For all quilts, the following rules apply:

- * The quilt must be no less than 40" on a side. It does not have to be square.
- * The quilt must have a center block and at least two borders on each side. The number of borders per side does not have to be the same.
- * The quilt must have three layers and be quilted, bound, and labeled.
- * As always, the challenge will be in July, our last meeting of the guild year.

Medallion Quilt - Mystery Quilt

The third installment is now available on the Guild Web Site.

Please visit <http://ocqg.org/mystery-quilt.html> to download the instructions. If you have any problems with the website or the email notification system, please email us at info@ocqg.org.

Pillow Cases to Shelter House

The staff at Shelter House were thrilled to receive over 70 pillow cases from OCQG members this month. A big thank you to all of you who donated them. There wasn't one that I wouldn't love on my bed! If you still have cases to donate, let me know. Pam Ehrhardt (351-6531)



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Midyear Financial Report

| | 2017-2018 | 1/18/2018 |
|--------------------------------|---------------------|--------------------|
| INCOME | Budget | Actual |
| Membership Dues | \$ 3,200.00 | \$ 2,975.00 |
| Contributions | \$ 200.00 | \$ 364.00 |
| Newsletter Advertising | \$ 600.00 | \$ 900.00 |
| Guest Lecture Fees (nonmember) | \$ 50.00 | \$ 5.00 |
| Library Book Sales | \$ 50.00 | \$ - |
| Workshop Fees | \$ 2,000.00 | \$ 605.00 |
| Fall Retreat - Crooked Creek | \$ 2,300.00 | \$ 1,560.00 |
| Winter Retreat - Prairiewoods | \$ 2,500.00 | \$ - |
| Miscellaneous | \$ - | \$ - |
| Auction 2018 | \$ 1,500.00 | \$ - |
| TOTAL INCOME | \$ 12,400.00 | \$ 6,409.00 |

| | Budget | Actual |
|-----------------------------------|---------------------|--------------------|
| EXPENSES | | |
| Administrative/Misc. | \$ - | \$ 21.60 |
| Church Rental | \$ 800.00 | \$ 350.00 |
| Library | \$ 150.00 | \$ - |
| Service Projects | \$ 500.00 | \$ - |
| Eastern Iowa Quilt Network | \$ 10.00 | \$ - |
| Newsletter Printing & All Postage | \$ 600.00 | \$ 374.49 |
| Website | \$ 500.00 | \$ - |
| Programs | \$ 3,400.00 | \$ 1,204.76 |
| Workshops | \$ 2,000.00 | \$ 961.99 |
| 4-H Awards | \$ 75.00 | \$ - |
| Door Prizes | \$ 10.00 | \$ 11.96 |
| Fall Retreat - Crooked Creek | \$ 2,500.00 | \$ 1,948.00 |
| Winter Retreat - Prairiewoods | \$ 2,500.00 | \$ - |
| Winter Retreat Deposit | \$ 100.00 | \$ - |
| Auction 2018 | \$ 850.00 | \$ - |
| TOTAL EXPENSES | \$ 13,995.00 | \$ 4,872.80 |

Balance: January 18, 2018

Checking: \$10,771.58

Savings: \$15,229.88

March Newsletter

Submit articles, etc. on or prior to
Monday, February 19, 2018 to
the 2017-18 newsletter editor, Linda Bergquist
(lindabergquist@mediacombb.net)

Old Capitol Quilters Guild 2017-18 PROGRAMS

March 12 - Auction

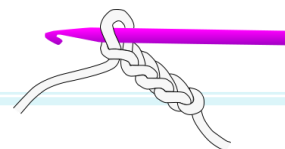
April 9 - Kim Lapacek
Workshop - "Project Quilting"
7 pm - "Challenge Quilts"

May 14 - Cathy Geier
7 pm - "Landscape Quilting from Alaska
to Wisconsin"
Workshop next day - May 15

June 11 - Toby Lischko
7 pm - "Using Mirrors to Enhance & Add
Variety to your Quilt Blocks"
Workshop next day - June 12

July 9 - 2018 Challenge:
"Medallion Quilts"

Help: My Aunt Agnes's beautiful
crochet tablecloth has about a dozen
small holes that need to be fixed.
Anyone out there with those
skills? Please call Ellen Heywood at
337-6003.



Service Committee

OCQG Service Committee Report

The service committee delivered the following in January:

- ◇ 3 quilts to Domestic Violence
- ◇ 1 quilt to VA
- ◇ 2 quilts to 4 C's
- ◇ 2 quilts to U of Ia Children's Hospital.

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OCQG Website

<http://www.ocqg.org>

OCQG Facebook

<https://www.facebook.com/oldcapitolquilters>

OCQG Quilt Frames

The Old Capitol Quilters Guild owns 4 frames on which quilts can be hung. We use them to hang presenter's quilts as well as at our quilt shows. Members are welcome to request the use of these. There is some black velvet-type material in the storage cabinet for use with the quilt frames. This would make a good background when displaying blocks and small quilts. You can contact Melanie McNeil at 319-800-9555 (call or text) or email: catbirdquilts@gmail.com to borrow a frame.

Service Project Quilt Sizes:

Guidelines for Donations:

University Hospitals (UIHC) - 36" x 36" stillborn (okay to be cheerful, to celebrate life)

UIHC and Domestic Violence—45" x 45" colorful children's quilts

VA Hospital—48" x 60" (or smaller but not larger)

Domestic Violence—75" x 98" twin/single

Visiting Nurse Association & 4 C's—Burp Cloths

4C's—Tote Bags

Home Ties Child Care Center—Bibs



Help us maximize the Guild's impact
on Facebook!

If you are on Facebook, please go to the Guild's Facebook page, click the "Like" button and Follow the page. Then if you see an interesting post, consider sharing it with your own friends. We had a very good response to the posts about the OCQG Quilt Fest show in June. Several attendees said that they learned about the show on Facebook. We hope to keep up the momentum so that we can attract more new members and additional attendees at our workshops.



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Nisaa African Family Services Friendship Sewing Cooperative Donate! Volunteer!

The women involved in the Friendship Sewing Cooperative, all African immigrants and refugees, are very grateful for the generosity of members of the Old Capitol Quilters Guild. In November, we took a large batch of donated fabric, batting, thread, and other supplies to the Nisaa office here in Iowa City and will be making another run with more donations in January.

Codi Josephson, owner of Home Ec. Workshop, has been the lead teacher for these women as they learn to use sewing machines and assemble blankets, bags, and more. Their ultimate goal is to produce goods that they can sell to provide income for themselves and their families. The other ongoing benefit is the sense of community and mutual support that these women share as they sew – not unlike our experiences in the OCQG.

They meet on Sunday morning, 9:00 am – 12:15 pm at the Steam Room Fab Lab, 870 S. Capitol Street in Iowa City. Childcare is available to make it easier for the participants to attend and learn. Funding from the Iowa Women's Foundation has covered the purchase of several sewing machines and a stipend for the instructor (at a reduced fee level). Codi expects the 2018 classes to run in blocks of 6 weeks followed by 4 weeks of self-directed work.

If you're interested in donating, they would welcome fabric, thread, batting, and tools like seam rippers, marking pens, and curved safety pins. Bring your donations to any OCQG meeting and Vicki Walch (vwalch@gmail.com) will see that they're delivered to Nisaa.

If you're interested in volunteering, Codi would welcome OCQG members to work directly with the women during the training sessions she is leading or to be available on meeting days when no formal class is scheduled. Most of the women are Arabic-speaking (a couple of the participants speak French) and are working through translators as they learn English. Codi noted that while many are gaining English speaking skills, their reading skills are not as strong, so using the sewing machine user manuals to solve a problem can be a challenge for them. Contact Codi to learn more at homeecworkshop@yahoo.com.





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Library

Mary MacNeil (marymac819@gmail.com)
Janice Hall (dslauson@southslope.net)
Jill Welter (jwelter13@gmail.com)

Program

Mary Mockaitis (mmockaitis@mchsi.com)
Kay Braverman (kaybraverman@gmail.com)
Linda Prybil (ljpanderp@aol.com)
Melanie McNeil (catbirdquilts@gmail.com)
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Service

Barb Fisher-Kruger (bjfk@mchsi.com)
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Mary Ott (mary_ott@hotmail.com)

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Vicki Walch (vwalch@gmail.com)
Sandi Irvine (samirvine2@hotmail.com)
Adele Monserud (adelemonserud@gmail.com)

The Board is here to serve you, so please contact any board member with questions.



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Other Opportunities to Quilt

Senior Center needs hand quilters! Contact Jody Wiley, jkw147@southslope.net for details.

Hospice Home of Johnson County: Hospital bed topper quilts (~60"x80") of bright, cheery fabrics, and/or patriotic theme.

Quilts of Valor Visit www.qovf.org for details.

Advertising Rates:

| | <u>Year</u> | <u>One Issue</u> |
|---------------|-------------|------------------|
| Business Card | \$60 | \$12.50 |
| Quarter Page | \$120 | \$25.00 |

Note: It is the policy of the Guild to charge \$5 to visitors attending our monthly guild meeting when we have a national speaker presenting. The past few years we have been lax in doing so. At the August 2014 board meeting this was discussed and it was decided that at future meetings, we will again be doing this. This is not to deter guests from coming to our meetings, but rather to help with the cost of bringing in a national speaker.

Old Capitol Quilters Guild, Iowa City Area

Old Capitol Quilters Guild is a nonprofit organization open to anyone interested in quilts or quilting. Monthly meetings are held the second Monday of each month, September through July, at 7 p.m. at Our Redeemer Lutheran Church on 1st Ave. and Court St. in Iowa City. Dues are \$25/year, renewable September 1. Guests are always welcome.



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2018 Upcoming Events

Now through April 15, 2018 - **Iowa Quilt Museum**
68 E. Court Avenue, Winterset, IA 50273

Feed Sack Quilts, Curated by Linzee McCray

This display includes examples of quilts made from feed sack material, authentic feed sacks themselves and clothing, dolls, and other utility items made from feed sacks.

January 19-May 13, 2018

International Quilt Study Center & Museum, Lincoln NE **Uncovered: The Ken Burns Collection**

Prolific film-maker and documentarian Ken Burns loves antique American quilts. To him, each of these textiles represents a moment in time and American history—a nexus of individuals and geography and culture that can never be fully recovered, but which is nevertheless represented in these strikingly graphic textile compositions. Burns is less concerned with the provenance and genealogy of his quilts than with their gestalt—both the visual impact they have on the viewer, and their implicit connections to life stories. Displayed alongside eloquent, anecdotal thoughts about quilts, collecting, and art and authenticity, Burns' quilts function as his films do; they spark dialogue and remind people—he hopes—of their shared humanity.

The Muscatine Melon Patchers Quilt Guild Quilt Show.
Admission is \$5.00. F

Friday & Saturday, March 23-24 - First Baptist Church
3003 Mulberry Avenue, Muscatine, Iowa

Kalona Quilt Show and Sale 2018

We would like to invite the Old Capitol Quilt Guild members to Kalona, IA for our Annual Kalona Quilt Show and Sale 2018! In the Heart of Iowa's Amish Country, it is a fun weekend getaway! Enjoy the Quilt Show, Museum, Fabric Shops and so much more. We would love to see you there!

Thurs. April 26 "Evening Only" 5 - 8 pm
Friday. April 27 9 am - 7 pm
Saturday. April 28 9 am - 5 pm

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