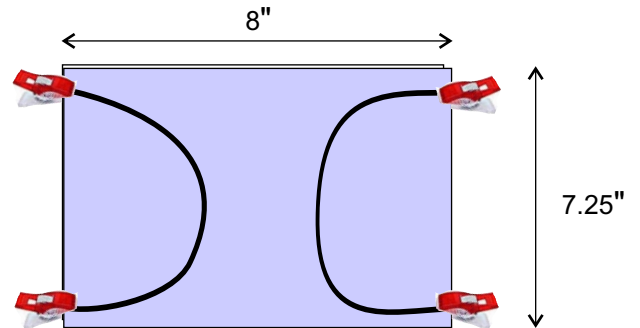# How To Make a Pleated Face Mask

For each mask you will need: 2-8"× 7.25" pieces of quilt quality cotton fabric.
2-7" pieces of 1/4" elastic (for medium sized heads)
1- 8"× 7.25" piece of non-woven sew-in interfacing, light or medium weight

Note: Interfacing adds an extra layer of protection against the virus.

Instructions:

1. Place one piece of 8" × 7.25" cotton fabric on top of the piece of interfacing with the right side of cotton fabric facing up, matching edges.
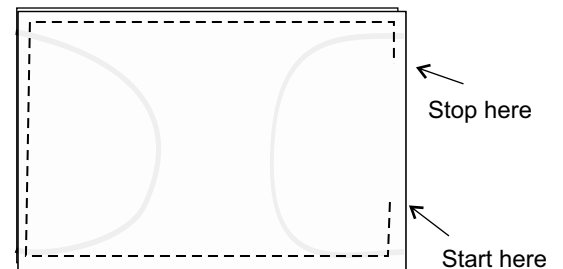
   Secure the ends of the elastic about ½" inside both corners, as shown. Repeat for the second elastic on opposite side. Wonder clips are useful here to secure elastic ends, if using pins, keep them close to the edges as they leave holes in the interfacing.

2. Place the second 8" × 7.25" cotton on top of the first cotton piece, with right side of the fabric facing down. Match edges and secure this piece to other layers. Be sure the elastic ends are still in place.

3. Using a ¼" seam allowance, sew around all four edges, starting and stopping as shown, to leave an opening.
   Back tack at the beginning and end and as you sew across elastic ends to secure them.
   The opening will allow you to turn the mask right side out.

4. Turn the mask right side out, through the opening. Be sure the corners are pushed fulling out. Press mask after turning in the edges at the opening.
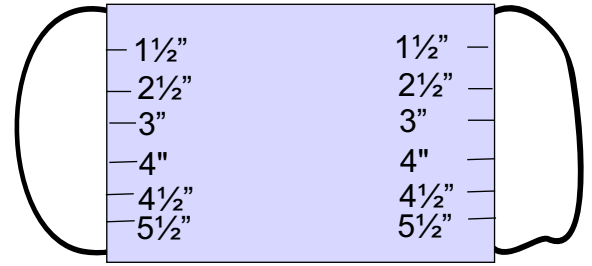
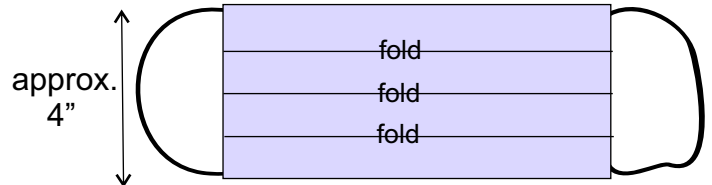   Be careful not to iron the elastic as it will melt under a hot iron.

5. Using a ⅛" seam allowance, top stitch around the entire mask.

6. Next take three tucks along both narrow ends. To get the tucks even, mark at 1½" down from the top on both narrow ends. Continue to mark at 2½", 3", 4", 4½" and 5½" down from the top on both ends.

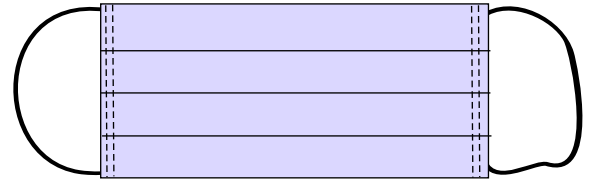|	
1½"	1½"
2½"	2½"
3"	3"
4"	4"
4½"	4½"
5½"	5½"

7. Press a fold between the two 1½" marks. Bring this fold down to the 2½" marks. Press and secure with wonder clips.

8. Press a fold between the two 3" marks. Bring this fold down to the 4" marks. Press and secure with wonder clips.

approx. 4"

fold
fold
fold

9. Press a fold between the two 4½" marks. Bring this fold down to the 5½" marks. Press and secure with wonder clips.

Be sure the folds are laying in the same direction. The width of the narrow ends should now be approximately 4".

10. Using a ⅛" seam allowance, top stitch around the entire mask twice.

That completes the face mask. If you are donating the mask to health facilities, you do not need to wash the mask as they will wash the masks before using them.

If you have any questions, please contact Pam Ehrhardt at 319-351-6531 or pje281@gmail.com