



OLD CAPITOL QUILTERS GUILD

VOLUME 39 ISSUE 3

NOVEMBER 2019

November 11, 2019 - 7:00 p.m.

Our Redeemer Lutheran Church

JoAnn Belling

"Organizing Yourself, Organizing Your Quilt Room"

Organization in her dream sewing room — plus a discussion of planning and short cuts — will give you an insight to the reason JoAnn is able to create a number of quilt works each year.

JoAnn has enjoyed the sewing machine since she began producing her own clothes at age 12. In 1965 she began quilting with heavy polyester fabrics and no formal instruction. Encouraged by a friend she enrolled in classes in 1977 and has designed numerous quilts and wall hangings.

She has taught a variety of classes in the United States and Japan. Her influence in quilting has been felt from coast to coast. The Belling household has hosted a number of quilt groups for lectures and tours. Her finest work has been reproduced in national publications.

JoAnn has received Best of Show and other ribbons on her quilts at the Iowa State Fair and other competitions. A total of nine quilts have hung at Paducah as well as other national quilt shows. The Quilt Room at Hotel Pattee, Perry, Iowa, is the site for "My Jacobean Garden."



Concepts of color and composition which JoAnn uses in her photographic art are applied to the designing of quilts, borders and quilt backart. All phases of quilting are enjoyed by JoAnn but of greatest interest are the color and design portion.



It's never too early to start getting ready for the OCQG Quilt Show coming in June 2021!

- Finish up quilts and other pieces you'll want to display;
- Plan to retrieve gifted quilts from recipients so you can show those too;
- Create items to sell in the silent auction.

Greeters - Adele Monserud, Joan Maxwell

Presidents' Patch

Pam Ehrhardt & Vicki Walch, co-presidents

Thoughts on Charity Sewing

A new guild member recently said the main reason she joined the guild was to work on service projects. It started me thinking about why we quilters are often sewing for others.

A friend commented she thought women often feel guilty doing something solely for themselves. They feel better spending time and money on others instead of on themselves. I had to disagree with her.

Of course there are many reasons quilters sew for charity but I think every time we sew a quilt we are enriching ourselves. When we try a new design or technique, it is often to challenge ourselves or improve our skills. We do this for our own enjoyment. Whether we keep the finished project or give it away, we have done something for ourselves.

I think of the many guild members who create quilts for themselves and their home but also make quilts for family, friends and charitable causes as well. Making and giving a quilt enriches the receiver AND the giver, as well.

~ Pam

Looking for ways to use your sewing skills to help others?

First consider making items for the projects identified by our own Service Committee. See page 3 for details.

Participate in the OCQG Service Day sewing session held in lieu of the regular February evening meeting each year. In February 2020, we'll be starting at 12 noon and running until 8:00 pm to allow members who are working to participate. Potluck supper included! See page 4 for more details on how you can help.

Other projects you might consider in our own community and beyond include:

Days for Girls facebook.com/dfgiowacity/

The Preemie Project www.thepreemieproject.com/

Quilts of Valor www.qovf.org

The Center, Iowa City (formerly the Senior Center) needs hand quilters.

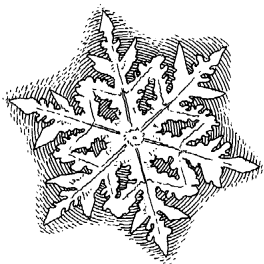
Hospice Home of Johnson County hospicehomejc.org/

Project Linus <https://www.projectlinus.org>

Neighborhood Centers of Johnson County needs toddler cot sheets. See the October 7 post on the OCQG Facebook page for details and a pattern.

December 9, 2019 meeting: Newest Members' Show & Tell and Holiday Social

We have invited every member who has joined the Guild in the last couple of years to participate in a special Newest Members' Show & Tell/Trunk Show at the December 9 OCQG evening meeting. Whether new to quilting or simply new to the Guild, this program is specially designed to showcase their creations, allowing all of us to get to know them better and learn from their experiences as a quilter. (Note: there will NOT be a regular Show & Tell that evening for other members.)



We're pleased to report that 11 individuals have signed up to participate so we're expecting this to be an exciting and inspiring display.

After the Newest Members' Show & Tell, we'll have a social hour. The Program Committee will be providing water, plates, and napkins – and some treats. If you've done some baking and are able to bring a plate of cookies to share they would be a welcome addition to the festivities. Bring along the recipe, too, if you're willing!

Best of all, we'll have time to talk with old and new friends alike while we enjoy some holiday cheer together.

OCQG Service Committee Opportunities

The OCQG has a long history of community service. Members give freely of their time, talents, and resources to create wonderful quilts and other items for donation to area charitable organizations. The Service Committee coordinates these service projects for our guild. Bring your completed items to any evening meeting where members of the Service Committee will be collecting them. Thank you for contributing to the larger community!

Kay Weiler from our Service Committee notes that they would like to distribute more quilts to the VA but most of the quilts donated are for children. Also some of the larger quilts are more feminine. If you have

some fabric that would work for male veterans, they would like to see if they can increase the number of quilts going to the VA (48" by 60").

She has also talked with the staff at 4Cs and they expressed great appreciation for our quilts and burp cloths. The discussion progressed to their mission to help these children with learning letters, numbers, and word association with objects (e.g., B is for Bear). If children's quilts have been donated with letters or numbers, Kay has directed those to the 4Cs and they have been very grateful because their staff have used these to reinforce reading skills.

Service Committee Specifications

This list plus selected patterns are available on the website at <https://www.ocqg.org/community-outreach>

Service project quilt sizes for specific organizations

VA Hospital quilts (see note above re: needs)

48" by 60" (or smaller but not larger)

UIHC and Mercy Hospitals

Stillborn quilts no larger than 36" by 36"

Okay to be cheerful, to celebrate life

UIHC Child Life Program

Junior Bed or Lap Size Quilts 45" by 45"

Domestic Violence

75" x 98" (twin/single)

Visiting Nurse Association

Burp Cloths

MECCA Transitional Housing

Twin 75" by 98" / Queen 86" by 93"

Our Redeemer Church

Crib quilts

UIHC Children's Hospital Terminally Ill Children

Only cotton and flannel, no tied quilts, not larger than 32" by 45"

Items for 4Cs Child Care Center (also see note above)

4Cs is a nonprofit organization based in Iowa City that focuses on coordinated child care and operates the Home Ties Child Care Center. Members of the OCQG have been providing bibs, burp cloths, and tote bags on a regular basis for many years.

Bibs for 4Cs. The 4Cs director has told us that they need a big supply of bibs because by the end of each week they often run out. The bibs also wear out quickly because they are washed so frequently. Simple bibs made from a hand towels or washcloths with bias tape ties seem to work well. She says that the kids don't like the ones that go over their heads, so the tie ones are the best.

Burp Cloths pattern is available from the Service Committee on request & will be posted soon online.

Simple Tote Bags for 4Cs (14" x 14")



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Service Committee Report

The Service Committee delivered quilts to the following locations:

- UIHC - 8 quilts
- Domestic Violence - 6 quilts
- 4Cs - 3 quilts
- VA - 1 quilt

Interested in making quilts and other items to donate for distribution by the Service Committee?

You'll find a complete list of agencies and the specifications for the quilts we make for each on our website at <https://www.ocqg.org/community-outreach>.

The Service Committee collects donated items at each monthly meeting.

Another way you can help is by sewing labels onto the donated quilts at the meetings. Check with the Service Committee for supplies.

Old Capitol Quilters Guild 2019-20 PROGRAMS

Nov 11 - JoAnn Belling
7pm 'Organizing Yourself,
Organizing Your Quilt Room'

**Dec 9 - 7pm 'New Member
Show & Tell' with Holiday Social**

Jan 13 - Kristin Summerwill
7pm 'Welsh Quilts'

Workshop Jan 14, 9-4pm
Meredith Sewell,
'Hand-Quilting Welsh Quilts'

Feb 10 - Service Day

Mar 9 - Marianne Fons
7pm 'Read My Latest Quilt'

Apr 13 - Dorothy Faidley
7pm 'Share Your Quilts at Iowa State Fair'

May 11-Jane Sassaman
7pm 'Jane's Textile Treasure Garden'

Workshop May 12, 9-4pm
'Moths and Moons'

June 8 - Looking Ahead and Back / Potluck
7pm 'Elections, History of OCQG and
Next Year's 40th Anniversary'

July 13 - 2020
Challenge: Quilt with Words

FEBRUARY SERVICE DAY

The February meeting for the Quilters Guild will be a day of sewing quilt tops with kits created from pre-made blocks. The Service Committee needs your help to make the blocks. As examples:

- making a finished 12 inch block in red, white and blue to be used for quilts for the VA Hospital, or
- make a 8 inch finished block of the Evening Star block using any color you want, or
- Check out the patterns available at the Service table and the next Guild meeting.

The Service Committee will assemble these donated squares into kits for quilt completion on Service Day.

Hand-Quilting Welsh Quilts

OCQG member Meredith Sewell brings her experience in hand-quilting to the decorative designs of traditional Welsh Quilts. This hands-on workshop incorporates quilting on whole cloth rather than on pieced fabric. Full Kits will be provided including: materials to construct a 36 x 36 inch 'sandwich' of cotton sateen solid fabric front, 'wadding,' as the Welsh would refer to batting, and a patterned fabric backing, quilting needle and thread. Meredith will provide Welsh style quilting patterns in leaves, paisley, spirals and hearts, for you to use to design your own quilting layout. You can also innovate with a layout of your own designs. In Welsh quilting there are no set quilt patterns or designs that everyone follows, and the quilting norm is only 3-4 stitches to the inch due to the heavy nature of the wadding. It's wide open for innovation!

The Workshop fee is \$25.

Bring a sack lunch, beverage, and a treat to share.

For information & to sign up contact:

Kristin Summerwill at: kesummerwill@msn.com
or TEXT 319-530-7495.



Details about the 2019-2020 Challenge were printed in the October 2019 newsletter.

They are also available online at <https://www.ocqg.org/challenge-2019-2020>

Challenge quilts will be displayed at the July 2020 meeting with prizes awarded!

Monthly Show & Tell

If you are planning to share your work at Show & Tell, please consider going to our Website to download, complete, and print the new Show & Tell form. <https://www.ocgg.org/monthly-show-tell>

You can open and print the form, then fill it out by hand.

OR

Download and save the form to your computer, then use Acrobat to fill it out. Be sure to save it again when you finish, then print it. **IMPORTANT: If you open the form from the above link and fill it out before you save it to your computer and then try to save it, you will lose all of the information you entered.**

Bring the form with you and turn it in when you have your quilt photographed.

Blank forms will be available at our monthly meetings. –Thanks, Historian Committee



Old Capitol Quilters Guild Show & Tell Quilt Information

Month/Year:

Permission to post on website & social media:

Name of Quilt Owner: _____

Phone and/or Email: _____

Quilt pieced by: _____ Quilted by: _____

Brief description: Title, design source (self or designer's name & pattern), size, color, etc.

Piecing technique: traditional pieced, appliqué, English Paper Piecing, etc.

Quilting technique: hand, domestic machine, long arm, etc.

Is there a story you wish to share about this quilt? Inspiration, process, who it is for, etc.

Quilts for Border Children

We, in Iowa, are far removed from the situation on the border with Mexico but there is something we, as quilters, can do to help the young children at the border. Codi, owner of HomeEc Workshop in Iowa City, is coordinating a project called "Welcome Blankets" to make small (40" x 40") quilts which will be distributed by an organization out of El Paso, TX which works directly with families with small children on both sides of the border. Pam Ehrhardt has a personal connection with a leader in this organization and she will get the quilts to El Paso.

There are several ways you can help with this project:

- donate cotton fabric appropriate for children, including flannel, either yardage or 5" squares,
- donate batting, and/or
- help sew quilts, at your home or at HomeEc Workshop, 424 E Jefferson, Iowa City.

Scheduled "Welcome Blanket" Sew Dates/Times:

- Wednesday October 30 5-7 PM
- Wednesday November 13, 12-2 AM
- Saturday November 23, 10-12 AM

Codi is also more than happy to let people use the workshop to work on welcome blankets anytime there is not a class or party scheduled. The shop's phone is (319) 337-4775.

Contact Pam Ehrhardt with any questions or fabric donations at 319-351-6531 or pje281@gmail.com.



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REGISTRATION for CAMP WANNAQUILT 2020

WHEN: Friday, February 14, 8:30 a.m. through Sunday, February 16, at 3:00 p.m.

WHERE: Prairiewoods Retreat and Conference Center
120 E. Boyson Road, Hiawatha, IA.

Take I-380 north through Cedar Rapids to the Boyson Rd exit, turn right for approximately 1 mile until you see the sign for Prairiewoods on the left. Drive back to the Conference Center, passing one house on the right. Check in to receive your sleeping room assignment and keys.

COST: Set assuming 15 members will be present; the cost per person is **\$185 for a double** room or **\$215 for a single** room. This cost includes 2 nights lodging, meals from Friday lunch through Sunday lunch and the use of the conference center room as our sewing space.

REGISTRATION: Is open now. Retreat will be cancelled if there are not 10 people registered by December 1, 2019. Registration will close when retreat is full or January 30, 2020, whichever happens first. Mail your completed registration form and check to Teresa Winder, 1760 Timber Hills Dr., Coralville, IA 52241. Please write checks to 'Old Capitol Quilters Guild' and put "Feb. 2020 Retreat" in the memo section of your check.

QUESTIONS? Teresa Winder at Teresa-winder@uiowa.edu or Kristin Summerwill at kristininic@icloud.com

CAMP WANNAQUILT February 14, 15, and 16, 2020

Room Type, (circle one): Single Double

Name: _____

Phone: _____

Email: _____

I require first floor accommodations (circle one): yes No

Roommate: _____

Food Allergies: _____

Note: The kitchen staff will be preparing meals for the entire group and cannot accommodate individual food preferences. If you have special dietary needs you may wish to bring your own food. If you miss a meal, you are responsible for your own food – like when you get caught up at a quilt shop and just can't make it back in time for lunch!

Information regarding massages will be distributed to attendees after registration is filled.

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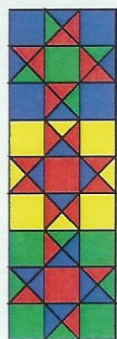
<https://www.facebook.com/oldcapitolquilters>

OCQG Instagram

<https://www.instagram.com/oldcapitolquilters/>

Help us maximize the Guild's impact through Social Media

If you are on Facebook and/or Instagram, please follow the OCQG accounts on both platforms. Then if you see an interesting post, consider sharing it with your own friends. Several attendees at our 2017 show said that they learned about the event on Facebook and the number of followers has grown steadily since then. You may have noticed increased activity with lots of recent postings about our exciting programs for 2019-2020. We hope to keep up the momentum so that we can attract more new members and



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OCQG Quilt Frames

The Old Capitol Quilters Guild owns 4 frames on which quilts can be hung. We use them to hang presenter's quilts as well as at our quilt shows. Members are welcome to request the use of these. There is some black velvet-type material in the storage cabinet for use with the quilt frames. This would make a good background when displaying blocks and small quilts. You can contact the Program Committee to borrow a frame.

Free Table Reminder

You are welcome to bring things to pass on to other members, such as quilting magazines or books, notions, or pieces of fabric. If you do bring things to share, please check at the end of the meeting to see if your items were picked up. Don't leave them for someone else to take care of. Thank you.



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Beekeepers (Small Group Liaison)

Chris Luzzie (cluzzie@aol.com)
Pam French

December Newsletter

Submit articles, etc. on or prior to
Monday, November 18, 2019 to
the 2019-20 newsletter editor, Linda Bergquist
(lindabergquist@mediacombb.net)

Advertising Rates:

	<u>Year</u>	<u>One Issue</u>
Business Card	\$60	\$12.50
Quarter Page	\$120	\$25.00

Note: It is the policy of the Guild to charge \$5 to visitors attending our monthly guild meeting when we have a national speaker presenting. This is not to deter guests from coming to our meetings, but rather to help with the cost of bringing in a national speaker.

Old Capitol Quilters Guild, Iowa City Area

Old Capitol Quilters Guild is a nonprofit organization open to anyone interested in quilts or quilting. Monthly meetings are held the second Monday of each month, September through July, at 7 p.m. at Our Redeemer Lutheran Church on 1st Ave. and Court St. in Iowa City. Dues are \$25/year, renewable September 1. Guests are always welcome.



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2019-2020 Upcoming Events

Iowa Quilt Museum

68 E. Court Avenue, Winterset, IA 50273

- October 1, 2019 - January 5, 2020
My Masterpiece

If you know of upcoming events, please share with the newsletter editor.



Have you renewed your membership?

Remember: Access to the "Members Only" section of the new website (where the newsletter is now available for download) is open only to paid members of the OCQG. Those who paid for the 2018-19 year had access through 11/1/19 but then must renew for 2019-2020 to continue access.

Membership forms are available online at www.ocqg.org/how-to-join-renew



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