

OLD CAPITOL QUILTERS GUILD

VOLUME 39 ISSUE 7

MARCH 2020

March 9, 2020 Marianne Fons lecture "You Call That a Quilt?



Photo by Joe Mazza

In this delightful, insightful presentation, quilter and longtime public television host Marianne Fons discusses quilt style nomenclature. Terms in current, and sometimes controversial, use, including "Traditional," "Studio/Art," "Contemporary," and "Modern." Using images of quilts past and present, Marianne celebrates the elements all quilts, and quilters, have in common. She will also bring some quilts from her personal collection to share.

Few names are as well known in quilting today as Marianne Fons. Marianne is a teacher, author, magazine publisher, and co-creator of the television show "Fons & Porter's Love of Quilting." With Liz Porter, she authored <u>Quilter's Complete Guide</u>, one of the best selling quilting books of all time, published in 1993, reprinted in 2019 by Dover Publications. Marianne Fons and Liz Porter were the 2019 inductees into the Quilters Hall of Fame in Marion, IN.

Marianne served on the board of directors of Quilts of Valor Foundation for many years. She helped establish the Iowa Quilt Museum in 2016, and in 2017 reopened the Iowa Theater, both in her hometown of Winterset, Iowa. Currently she is pursuing a new career as a novelist.

In honor of the great work these organizations do, Marianne has asked we donate her entire speaking fee to the Iowa Quilt Museum.

You can learn more about Marianne Fons here: http://www.mariannefons.com/uncategorized/moi-famous/

Marianne is a national speaker and teacher. There is a \$5 admission fee for non-members for this program.

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•	Creaters - Katherine Konz and Carole Ramsey
•	Greeters - Katherine Konz and Carole Ramsey
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Page 2 March 2020

Presidents' Patch

A TRIP TO PADUCAH

Every serious quilter needs to make a pilgrimage to the mecca of the quilt world. During American Quilters Society Quilt Week, April 22nd-25th, AQS will host an amazing quilt show in Paducah, Kentucky, which is known as "Quilt City USA". There will be over 600 quilts on display, plus shopping at the vendor market for all the latest quilting books and sewing needs, and free demonstrations by vendors and authors. A visit to the National Quilt Museum alone is worth the road trip to Paducah. The museum exhibits the <u>best of the best</u> in quilt and fiber art throughout the year. Also during a stroll through the historic district of Paducah, you will find more quilts on display as well as shops and wonderful restaurants. Everything is in easy walking distances. Many OCQG members have been to Paducah and some more than once.

Here are a few members' comments about their trip to Paducah:

"A trip to Paducah in the springtime to take in all that quilt week has to offer is an inspiring, energizing, overwhelming, and exhausting but not to be forgotten experience." Janann Schiele

"It's an easy 7.5 hour drive. If you haven't been to the Quilt Museum you should. There is a fabulous restaurant (the Freight House) whose owner was a finalist in Top Chef. There are lots and lots of vendors, and all your questions could be answered if you are thinking about buying any brand of new machine. It should be dogwood season in the Dogwood City. It's just fun to see the work that comes in from all over the world." Trish Koza

"My one visit to Paducah was delightful. The quilt show was huge. Many vendors ready to sell you fabric and tools you didn't know you needed. The museum is exceptional. Several quilts hung so you can admire the quilting on the back...as if the top wasn't unbelievable. The city isn't large, but there are other fabric venues not to be missed." Linda Prybil

How about organizing a road trip with some of your quilting buddies this year. Accommodations are always tight so make plans early.

Pam (who has been to Paducah several times) and Vicki (who hopes to go someday soon!), Co-Presidents

Eastern Iowa Quilt Network, April 4

OCQG is a member guild of the Eastern Iowa Quilt Network (EIQN), an organization with approximately 40 guilds. The annual network meeting is April 4 in Kalona. The meeting allows member guilds to share information and ideas, especially about speakers.

Lecturers and workshop teachers also can share information at this meeting. If you want to include info for the packet, provide 40 copies of your flyer to Mary Mockaitis or Melanie McNeil by Thursday, April 2. Contact Mary mmockaitis@mchsi.com or Melanie catbirdquilts@gmail.com with questions.



Page 3 March 2020

May 12, 2020 Jane Sassaman Workshop

Workshop fee \$50 for members, \$55 for non-members. As always, members have first dibs on workshop participation. If there are slots open after the April meeting, it will be opened to non-members.

LEVEL - Beginning to intermediate

In Jane's 6-hour workshop, you will spend the day making marvelous moths from her Moths & Moons pattern. Each student will get a pattern and directions for making the Moths and Moons Quilt. (Pattern fee of \$18 paid directly to Jane.) Bring your favorite fabrics or purchase a kit from Jane's stash of FreeSpirit designs to create one to three giant moths (approximately 27"W X 21"H each). They will be assembled using Jane's accessible appliqué method. After class you will be able to stitch your background and apply your gorgeous critters. Sewing machine with at least a few decorative stitches required. The rest of the supply list will be provided to registered participants prior to the workshop.

The workshop is now FULL. For more information or to be placed on a Wait List, contact contact Susan Horan at susaneleanorehoran@gmail.com.



NEWCOMERS MARCH MEETING

Wednesday, March 18th, from 7-9 will be the next meeting for the Newcomers Group. We will meet at Melrose Meadows Retirement Community, located at 350 Dublin Dr., Iowa City. Mare Sorrow has reserved one of the meeting rooms for us.

In addition to show and tell, we will have a number of topics to explore that evening. Members have the option to try 5 different ways to make half square triangles. Those interested can also try simple foundation paper piecing. There will be a demonstration on Bloc Loc rulers for trimming blocks.

Supplies will be furnished but we will need a few people to bring sewing machines. Please let Pam Ehrhardt know if you plan to attend and if you plan to bring a sewing machine. 319-351-6531 or email at pje281@gmail.com



Page 4 March 2020

GRACE QUILTING FRAME NOW FOR SALE

A "Grace Z44 Professional Quilting Frame" has been generously donated to the guild. Since we have had no one expressing interest in borrowing the frame from the library, the guild will sell the frame. It retails for \$700, we will take best offer. Money will go into general guild funds. It will be for sale to guild members for a month and if no one expresses interest we will try to sell it to the public. Please contact Pam Ehrhardt (319-351-6531 or email pje281@gmail,com) if interested in seeing the frame.

You can watch a video describing the quilting frame on https://www.youtube.com/watch?v=dWDBLEx8riw

For anyone doing hand quilting, this appears to be an ideal frame. It can do quilts from king to crib size but it can be folded up for storage to only 17" deep.





The Fabric Stasher Quilt Store and Professional Longarm Quilting T-F 9am - 5pm/Sat. 10am - 4pm

Kerri Smith

505 Cedar St.
Tipton, IA 52772
563-886-1600

kerri@thefabricstasher.com Quilting Fabrics, Wide Backs, Books, Kits, Patterns, Notions, Embroidery and Gifts

Old Capitol Quilters Guild 2019-20 PROGRAMS

Mar 9 - Marianne Fons
7pm 'You Call That a Quilt?'

Apr 13 - Dorothy Faidley
7pm 'Share Your Quilts at Iowa State Fair'

May 11-Jane Sassaman
7pm 'Jane's Textile Treasure Garden'

Workshop May 12, 9-4pm
'Moths and Moons'

June 8 - Looking Ahead and Back / Potluck
7pm 'Elections, History of OCQG and
Next Year's 40th Anniversary'

July 13 - 2020 Challenge: Quilts with Words



Attendees at the recent retreat at Prairiewood, February 14-16

Save the Date for the Fall Retreat:

September 18-20, 2020 Prairiewoods Franciscan Spirituality Center Hiawatha, Iowa Page 5 March 2020



Service Sew Day a Resounding Success!

Forty-three guild members, or more than one-third of the Guild's current membership, came to work at the 2020 Service Sew Day on February 10 or helped ahead of time to make it a success. In addition, we were joined by a former OCQG member and two visitors from the Muscatine Melon Patchers Guild. We were very productive, well fed by those who contributed items for snacks and the potluck soup supper, and enjoyed the chance to get to know some of our sister quilters better. There was a wonderful mix of long-time members and those who just joined this year.

Thanks to everyone who pitched in, starting with the extraordinary efforts of Nancy Granner and Phyllis Rosenwinkel who created 36 kits for us to work from and Katherine Konz who has offered to quilt many of the sandwiched creations. We can't list all the others who contributed and/or participated, but you'll see some of them in the photos that accompany this article and we'll be keeping a roster of participants in the Guild's archives.

The Service Committee will be able to report on the total number of quilts and burp cloths finished during this effort once the dust settles and the last stitches are made. In the meantime, we can tell you that by the time we left on Monday evening, many of the tops in the kits had been completed and turned in and the rest had gone home with someone to finish piecing. Some also took tops home with them to quilt. And there were at least 24 completed burp cloths that had





Page 6 March 2020

Monthly Show & Tell

If you are planning to share your work at Show & Tell, please consider going to our Website to download, complete, and print the new Show & Tell form. https://www.ocqg.org/monthly-show-tell

You can open and print the form, then fill it out by hand. OR

Download and save the form to your computer, then use Acrobat to fill it out. Be sure to save it again when you finish, then print it. IMPORTANT: If you open the form from the above link and fill it out <u>before</u> you save it to your computer and then try to save it, you will lose all of the information you entered.

Bring the form with you and turn it in when you have your quilt photographed.

Blank forms will be available at our monthly meetings. -Thanks, Historian Committee

Old Capitol Quilters Guild Show & Tell Quilt Information	Month/Year: Permission to post on website & social media:
Name of Quilt Owner:	Commence and the State of the S
Phone and/or Email:	
Quilt pieced by:	Quilted by:
Brief description: Title, design source (self or designer's name &	pattern), size, color, etc.
Piecing technique: traditional pieced, appliqué, English Paper Pie	ecing, etc.
Quilting technique: hand, domestic machine, long arm, etc.	
Is there a story you wish to share about this quilt? Ins	piration, process, who it is for, etc.





Page 7 March 2020

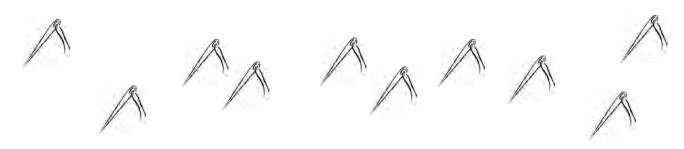


2019-2020 Challenge: QUILTS WITH WORDS

Details about the 2019-2020 Challenge were printed in the October 2019 newsletter.

They are also available online at https://www.ocgg.org/challenge-2019-2020

Challenge quilts will be displayed at the July 2020 meeting with prizes awarded!









STITCH N SEW COTTAGE

319.656.2923

Mon-Sat

Offering classes for all ages, custom quilts, thousands of fabrics, patterns, tools, and so much more!

207 4th Street, Kalona, Iowa www.stitchnsewcottage.com

9am-5pm

Page 8 March 2020

2019-2020 Budget		2	2/17/2020	
INCOME		Budget		Actual
Membership Dues	\$	3,000.00	\$	2,975.00
Donations (includes designated)	\$	350.00	\$	919.00
Newsletter Advertising	\$	800.00	\$	1,025.00
Guest Lecture Fees (nonmember)	\$	50.00	\$	10.00
Library Book Sales	\$	-	\$	-
Workshop Fees	\$	2,000.00	\$	1,460.00
Retreats	\$	5,200.00	\$	2,710.00
Miscellaneous	\$	-	\$	-
Total Income	\$	11,400.00	\$	9,099.00

EXPENSES		Budget		Actual	
Administrative	\$	85.00	\$	188.26	
Church Rental	\$	700.00	\$	450.00	
Library	\$	100.00	\$	-	
Service Projects	\$	500.00	\$	289,50	
Eastern Iowa Quilt Network	\$	35.00	\$	-	
Newsletter Printing	\$	250.00	\$	72.40	
Newsletter Postage	\$	200.00	\$	55.00	
Other Printing	\$	100.00	\$	99.81	
Technology (includes website)	\$	500.00	\$	396.00	
Programs	\$	4,000.00	\$	1,405.33	
Workshops	\$	2,000.00	\$	915.39	
4-H Awards	\$	75.00	\$	-	
Door Prizes	\$	25.00	\$	-	
Retreats	\$	5,400.00	\$	2,641.00	
Other	\$	-	\$	-	
Total Expenses	\$	13,970.00	\$	6,512.69	

	Checking	Savings	
Balance 9/1/2019	\$ 7,683.71	\$ 15,247.01	
Income	\$ 9,099.00	\$ 3.21	
Expenses	\$ (6,512.69)	\$ -	
Balance 2/17/2020	\$ 10,270.02	\$ 15,250.22	



Free Table Reminder

You are welcome to bring things to pass on to other members, such as quilting magazines or books, notions, or pieces of fabric. If you do bring things to share, please check at the end of the meeting to see if your items were picked up. Don't leave them for someone else to take care of. Thank you.

OCQG Quilt Frames

The Old Capitol Quilters Guild owns 4 frames on which quilts can be hung. We use them to hang presenter's quilts as well as at our quilt shows. Members are welcome to request the use of these. There is some black velvet-type material in the storage cabinet for use with the quilt frames. This would make a good background when displaying blocks and small quilts. You can contact the Program Committee to borrow a frame.



April Newsletter

Submit articles, etc. on or prior to Monday, March 16, 2020 to the 2019-20 newsletter editor, Linda Bergquist lindabergquist@mediacombb.net

Page 9 March 2020

Old Capitol Quilters Guild Board 2019-2020

Co-Presidents

Pam Ehrhardt (pje281@gmail.com) Vicki Walch (vwalch@gmail.com)

Treasurer

Barbara Yoder (barb.yoder@gmail.com)

Recording Secretary

Mary Ellen Timbs (metimbs@gmail.com)

Historian

Meredith Sewell (m57sewell@gmail.com) Janet Abbas (jabbas63@gmail.com) Janann Schiele (janann.schiele@gmail.com) Yolanda Halferty (yhalferty@yahoo.com) Cleanne Schreiber (clesuefer@aol.com)

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Kay Weiler (kweiler@compleware.com)

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Susan Horan (susaneleanorehoran@gmail.com) Pam Karp (quilt99sew@yahoo.com) Melanie McNeil (catbirdquilts@gmail.com) Mary Mockaitis (mmockaitis@mchsi.com) Linda Prybil (linda.iowa.009@gmail.com) Kristin Summerwill (kesummerwill@msn.com)

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Vicki Walch (vwalch@gmail.com)
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Abagael Shrader (abagael.shrader@gmail.com)
Chris Luzzie (cluzzie@aol.com)

Shop Ambassadors

Janann Schiele (janann.schiele@gmail.com) Sue Anderson (asusan8122@gmail.com) Pam French (pamfrench56@yahoo.com) Maree Sarow

Beekeepers (Small Group Liaison)

Chris Luzzie (cluzzie@aol.com)
Pam French (pamfrench56@yahoo.com)

Service Project Quilt Sizes:

Guidelines for Donations:

University Hospitals (UIHC) - 36" x 36" stillborn (okay to be cheerful, to celebrate life)

UIHC and Domestic Violence—45" x 45" colorful children's quilts

VA Hospital—48" x 60" (or smaller but not larger) Domestic Violence—75" x 98" twin/single Visiting Nurse Association & 4Cs—Burp Cloths 4Cs—Tote Bags

Home Ties Child Care Center—Bibs



Quilt Store Quality - Outlet Prices

121 N Orchard St Brooklyn IA 52211 lisa@brooklynfabric.com brooklynfabric.com 641-522-4766

Note: It is the policy of the Guild to charge \$5 to visitors attending our monthly guild meeting when we have a national speaker presenting. This is not to deter guests from coming to our meetings, but rather to help with the cost of bringing in a national speaker.

Old Capitol Quilters Guild, Iowa City Area

Old Capitol Quilters Guild is a nonprofit organization open to anyone interested in quilts or quilting. Monthly meetings are held the second Monday of each month, September through July, at 7 p.m. at Our Redeemer Lutheran Church on 1st Ave. and Court St. in Iowa City. Dues are \$25/year, renewable September 1. Guests are always welcome.

Advertising Rates:				
<u> </u>	Year	One Issue		
Business Card	\$60	\$12.50		
Quarter Page	\$120	\$25.00		

Page 10 March 2020



It's never too early to start getting ready for the OCQG Quilt Show coming in June 2021!

- Finish up quilts and other pieces you'll want to display;
- Plan to retrieve gifted quilts from recipients so you can show those too;
- Create items to sell in the silent auction.





Creamy Curried Cauliflower Lentil Soup - Ellen Heywood

(from minimalistbaker.com)

2 tsp oil

1 medium onion, chopped roughly

2 medium carrots, diced

1 stalk celery, diced (optional)

1 1/2 tsp minced fresh ginger

2-3 cloves garlic, minced

1 head cauliflower, sliced into 1/2 inch pieces

2-3 tsp curry powder

1 pinch cayenne pepper

4-5 cups vegetable or chicken broth

1/2 cup red lentils

1/2 tsp sea salt

2 Tbsp coconut cream (or 1/4 cup full-fat coconut milk)

Heat a large pot or Dutch oven over medium heat. Once hot, add oil, onion, carrots, and celery. Sauté for 4-5 minutes, stirring occasionally. Then add the ginger and garlic and sauté for 2-3 minutes more. Add cauliflower, curry powder, cayenne, broth, lentils and salt. Bring to a low boil over medium and then reduce to low, cover, and simmer for 15 minutes. Add coconut cream and blend with an immersion blender until creamy and no bits remain (or put soup in blender and blend on high until creamy and smooth).

Taste and adjust seasoning, adding more curry powder for spice, cayenne for heat, or salt for overall flavor. Continue cooking for a few more minutes over medium heat.

Leftovers can be stored in the refrigerator for 3-4 days or in the freezer up to one month. Serves 4-6. Nutrition information available on website.

Page 11 March 2020

Lemony Chicken Soup (from Carole Knutson - 2019)

Serves 8 Preparation 45 minutes Cooking 60 minutes

Ingredients

2 tablespoons olive oil

4 carrots and/or parsnips, cut into bite-size pieces

2 stalks celery, chopped

1 large onion, chopped

1/2 teaspoon dried thyme

Kosher salt and black pepper to taste

2 pounds bone-in chicken breasts, skin removed

6 cups low-sodium chicken broth

1 cup small pasta (such as alphabet, Acini de Pepe or stellette) (no more than 1 cup – expands)

2 tablespoons fresh lemon juice (1 whole medium/large lemon)

2 tablespoons chopped fresh flat-leaf parsley

Directions

- 1. Heat the oil in a large pot or Dutch oven over medium heat. Add the carrots and/or parsnips, celery, onion, thyme, 1½ teaspoons salt, and ¼ teaspoon pepper. Cook, stirring frequently, until the vegetables are tender and just beginning to brown, 10 to 12 minutes.
- 2. Add the chicken, broth, and 4 cups water. Bring to a boil, reduce heat, and simmer until the chicken is cooked through, 15 to 20 minutes. Remove the chicken and place on a cutting board. When it is cool enough to handle, shred the meat with 2 forks; discard the bones.
- 3. Meanwhile, add the pasta to the soup and simmer until al dente, 6 to 10 minutes. Add the chicken, lemon juice, and parsley and stir to combine.

This soup can be frozen in freezer-safe containers for up to 3 months. To reheat, run the containers under warm water until the soup slides out. Transfer to a pot and cook over medium heat, covered, stirring occasionally, until heated through.

Carol's notes:

I add more lemon juice – if a bigger lemon or maybe 3-4T instead of 2T.



Be sure to follow Old Capitol Quilters Guild on Facebook and Instagram (@oldcapitolquilters) for updates on guild meetings, workshops, or just quilting inspiration.





OCQG Website

https://www.ocqg.org

OCQG Facebook

https://www.facebook.com/ oldcapitolquilters Page 12 March 2020

2019-2020 Upcoming Events

Iowa Quilt Museum

68 E. Court Avenue, Winterset, IA 50273 January 7th - April 5th, 2020 **Doreen Speckmann Retrospective**

Quilt Amana - April 3-5, 2020 Prairie Creek Event Center Friday/Saturday - 10am - 7pm Sunday - 10am - 3pm

Kalona Quilt Show and Sale - April 23-25, 2020 Kalona Community Center, 511 C Avenue, Kalona, IA Thursday 5pm-8pm; Friday 9am-7pm; Saturday 9am-5pm.

All Iowa Shop Hop - June 1-30, 2020

https://alliowashophop.com/

Directory of participating stores: https://alliowashophop.com/stores/

Great River Quilt Show, Mississippi Valley Quilt Guild - September 18-19, 2020

Mississippi Valley Fairgrounds, 2815 Locust St, Davenport, IA

Des Moines Area Quilters Guild Quilt Show -September 23-26, 2020

2020. Iowa Events Center, 730 Third St, Des Moines IA http://www.dmaqg.org



Quilters!
When you shop our
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them know the OCQG
appreciates their ad
support!

If you know of upcoming events, please share with the newsletter editor.